

Hospital Bag Checklist

- _ ID, hospital forms and insurance card
- _ Birth plan (if you have one)
- _ Lounging Pajamas
- _ Bath robe
- _ Non skid socks or slippers
- _ Underwear and nursing bras
- _ Sanitary protection
- _ Massage Lotion
- _ Nursing pads/Nipple cream
- _ Glasses and/or contact lenses
- _ Clothes for discharge
- _ Make up
- _ Shampoo/conditioner or dry shampoo
- _ Toothbrush, toothpaste, floss, mouthwash
- _ Facial cleanser, toner and moisturizer
- _ Hair brush & Hair dryer
- _ Cell phone and charger
- _ Camera and charger
- _ Laptop/Tablet and charger
- _ Water Bottle
- _ Coins for the vending machine
- _ Pillow
- _ Magazines or books

For Baby

- _ Clothing to go home in
- _ Bottles and formula, if using
- _ Baby moisturizer
- _ Receiving blanket
- _ Coat/jacket
- _ Approved car seat
- _ Diapers and wipes for the ride home
- _ Pacifiers, if using